



*myEphelia*  
for moms and babies

## myEphelia revolutionizes the nursing industry with the Innovative 4in1 Nursing Bra | Free to Feed Bra

myEphelia proudly presents the Free to Feed Bra at Kind & Jugend 2024, a unique nursing bra that redefines functionality and comfort, making breastfeeding and supplemental feeding easier for mothers.

### Highest Comfort and Versatile Features

The Free to Feed Bra impresses with the following features:

#### 1. Regular Nursing Bra:

Usable as a regular, comfortable and elegant nursing bra for every breastfeeding mother.

#### 2. Pockets for Warm and Cool Pads:

Ideal for preparing the breast before and after feeding, such as alleviating engorgement. Comfortable front pockets for easy insertion of pads.

#### 3. Free to Feed System:

An integrated system for easily attaching an external tube for breastfeeding-friendly supplemental feeding. This is necessary when the child cannot be exclusively or at all breastfed.

#### 4. Pump Attachment:

Simplifies pumping and offers additional comfort and freedom for the mother.



## Promoting the Health of Mother and Child



When exclusive breastfeeding is insufficient or impossible, but the health benefits of breastfeeding are desired, midwives, doctors, and lactation consultants recommend breastfeeding-friendly supplemental feeding using a tube system directly at the breast. This approach enhances positive health aspects and replicates the natural breastfeeding experience.

## A New Era for Co- and Adoptive Mothers

The Free to Feed Bra allows co- and adoptive mothers to experience the special feeling of breastfeeding and strengthen their bond with the child.

## Available Individually or in a Set

The Free to Feed Bra can be purchased individually or as a set with the Free-to-Feed System, offering mothers flexible usage options.



## Unique Design and High-Quality Manufacturing

The Free to Feed Bra combines elegance and sustainability. With three pending patents, the nursing bra is meticulously crafted, partly by hand, in Portugal. Elegance is accentuated by delicate lace, providing women with the perfect support and comfort they need.

## About myEphelia

Since 2021, myEphelia has been synonymous with high-quality products for mothers and children, offering natural and beneficial solutions. The idea for the Free to Feed Bra stemmed from the extensive midwifery work of one of our co-founders. Our products are made from carefully selected materials, ensuring the highest quality and durability.



[www.my-ephelia.de](http://www.my-ephelia.de)